



2008 4th Quarter Schedule

(September 8th - December 19th)

Tel. (805) 527-5508

59 Tierra Rejada, Simi Valley, CA 93065

September		Oct. 10 th	New Members Orientation	Nov. 27 th – 29 th	Thanksgiving Holiday – Closed	
Sept. 6 th	Belt Test (White – Blue)	Oct. 11 th	Black Belt Seminar	December		
Sept. 11 th	Belt Ceremony	Oct 25 st	Halloween Sleepover	Dec. 10 th – 11 th	Stripe Exam	
Sept. 13 th	Simi Valley Parade	November			Dec. 13 th	Belt Test (white to blue)
Sept. 19 th	New Members Orientation	Nov. 5 th – 6 th	Stripe Exam	Dec. 18 th	Belt Awards Ceremony	
October		Nov. 8 th	Adv. Belt Test (Red/Brown/Black)	Dec. 20 th	MDK Sparring Camp	
Oct. 1 st – 2 nd	Stripe Exam	Nov. 7 th	Belt Award Ceremony	Dec. 24 th – 25 th	Christmas Break	
Oct. 4 th	California Junior TKD	Nov. 15 th	Friendship Tournament	Dec. 31 – Jan. 1	No TKD Class	

Program/Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Warriors (White – Purple)	3:15 pm – 4:00 pm	<u>3:15 pm – 4:00 pm</u>	3:15 pm – 4:00 pm	<u>2:30 pm – 3:00 pm</u> 3:15 pm – 4:00 pm	Tiny Warriors Sparring 3:10 pm – 3:45 pm	Sparring Clinic Level I 9 am – 10:30 am Level II 10:30am–12:00 pm Level III 12 noon – 1 pm Weapon Clinic Level III 9 am – 10 am Level II & I 10 am – 11 am  We do awesome Birthday Parties! & Private Lessons by appointment
Children Beginners (White - Yellow)	5:30 pm – 6:15 pm ★	<u>4:00 pm – 4:45 pm</u>	5:30 pm – 6:15 pm ★	<u>4:00 pm – 4:45 pm</u>	Beginner Sparring 3:45 pm – 4:30 pm	
Children Novice (Purple - Purple+)	<u>4:45 pm – 5:30 pm</u> ★		<u>4:45 pm – 5:30 pm</u> ★		Novice Sparring 4:30 pm – 5:15pm	
Children Intermediate (Green – Green+)		<u>4:45 pm – 5:30 pm</u> ★		<u>4:45 pm – 5:30 pm</u> ★		
Children Advanced (Blue)	<u>4:00 pm – 4:45 pm</u>	5:30 pm – 6:15 pm ★	<u>4:00 pm – 4:45 pm</u>	5:30 pm – 6:15 pm ★	Intermediate Sparring 5:15 pm – 6:00 pm	
All Age Elite Class (Red to Brown)	<u>6:15 pm – 7:00 pm</u> ★		<u>6:15 pm – 7:00 pm</u> ★			
All Age Experts (Black Belts)		6:15 pm – 7:30 pm★		6:15 pm – 7:30 pm★	Free Sparring 6:00 pm – 7:00 pm	
All Adults (White - Brown)	7:00 pm – 8:15 pm	7:30 pm – 8:30 pm	7:00 pm – 8:15 pm	7:30 pm – 8:30 pm		
MDK Sparring	Elite Senior Team 6:30 pm – 8:30 pm	Elite Junior Team 5:30 pm – 7:00 pm	Elite Senior Team 6:30 pm – 8:30 pm	Elite Junior Team 5:30 pm – 7:00 pm		
MDK Demo/Form	Elite Junior Team 4:45 pm – 5:30 pm	Elite Senior Team 7:30 – 8:15 pm	Elite Junior Team 4:45 pm – 5:30 pm	Elite Senior Team 7:30 – 8:15 pm	Junior 3:45 pm – 4:30 pm Elite Jr. 4:30 pm – 5:15 pm	

Check out www.amaa-simivalley.com for latest news and more information on all our programs!

★ = Recommended as your primary classes / Underline classes are recommended for AMAA Afterschool Program members

General Guidelines for AMAA Schedule & Academy Policies

- 1) **Important Events** : All important events are dated and listed on top of the schedule. These events are subject to change. All changes will be notified. Please check our website for the latest update.
 - 2) **Primary Classes and Alternative Classes** : For your convenience, we offer all levels of classes daily. Blue belts and Red belts have combined classes and **Purple** and **Green** belts can interchange their classes. We strongly recommend you to keep your color belt classes as your primary training hours. All your primary classes are indicated with '★' symbol. For special circumstances, consult with our staff for your specific needs.
 - 3) **Primary Classes for AMAA Afterschool Program** : Underlined classes are recommended for our After School Program members. Please be advised and prepare your uniform your children on these days.
 - 4) **Class Etiquette** : To instill respect, discipline and courtesy in your children, have your children come 5 to 10 minutes before class. While they wait, they are to sit on the mat and stretch without talking aloud. Higher belt students should report to instructors and find ways to assist on the floor.
 - 5) **Saturday Training** : Saturday Advanced Sparring/Grappling/Weapon Clinics are available for students of all ages. Each program has age and belt color pre-requisite; check our website or program flyers for more details.
 - 6) **Belt Acceleration** : Taking **Saturday Advanced Clinics** and competition in tournaments will greatly enhance your skill and confidence in sparring and grappling. Successfully finishing the clinic will also credit toward your record and it will be a part of consideration if you pursue accelerated belt promotion. Please ask AMAA instructors for more details.
 - 7) **Competition Team** : Sparring Team, Demo Team and other special programs are separate from our regular classes and it is by invitation only. All information regarding these programs are available on our website.
 - 9) **Free Sparring** : Friday is sparring day for everyone from yellow to black belts. For your safety and optimal training, please purchase AMAA official gears. You may wear AMAA official T-shirts on Friday sparring classes.
 - x) **Kindergarten Program** : Children under 7 years of age require more attention and program designed specifically for young minds. We strongly recommend anyone 4-6 years of age to take advantage of our **Tiny Warriors** Program. They will have a great time while learning our systematic approach to martial arts.
 - a) **age & Level** : High level students can always join junior belt classes. Junior belts must get permission from our instructors before you enter higher level classes. Above 13 years of age will be adult program members.
- In order to achieve optimal result, we recommend that you take at least three classes per week. Feel free to make up classes when you miss assigned days. Thank you and good luck!